

SOWA Lunch Menu

February 2020

<p>3 Oatmeal</p> <p>Mac and Cheese Veggies/Salad Juice Fruits</p>	<p>4 Baked egg with toast / tea</p> <p>Rice with Sauce Veggies/Salad Juice Fruits</p>	<p>5 Cereal with milk</p> <p>Broccoli Soup Potatoes Wedges Veggies/Salad Juice Fruits</p>	<p>6 Waffles / milk</p> <p>Rice Soup Chicken Burrito Veggies/Salad Juice Fruits</p>
<p>10</p> <p>Breakfast Cheese Burrito Tea</p> <p>Pasta with meat Sause Veggies/Salad Juice Fruits</p>	<p>11</p> <p>Apple Danish /milk</p> <p>Borsh Roasted Potatoes Veggies/Salad Juice Fruits</p>	<p>12 PB/jam sandwiches /milk</p> <p>Bulgar with meatballs Veggies/Salad Juice Fruits</p>	<p>13 Cinnamon Roll/ milk</p> <p>Chicken Soup Plov Veggies/Salad Juice Fruits</p>
<p>17</p> <p>No School</p> <p>Presidents' Day</p>	<p>18 Baked egg with toast / tea</p> <p>Rice with Sauce Veggies/Salad Juice Fruits</p>	<p>19 Cereal with milk</p> <p>Broccoli Soup Potatoes Wedges Veggies/Salad Juice Fruits</p>	<p>20 Waffles / milk</p> <p>Rice Soup Chicken Burrito Veggies/Salad Juice Fruits</p>
<p>24 Breakfast Cheese Burrito Tea</p> <p>Pasta with meat Sause Veggies/Salad Juice Fruits</p>	<p>25 Apple Danish /milk</p> <p>Borsh Roasted Potatoes Veggies/Salad Juice Fruits</p>	<p>26 PB/jam sandwiches /milk</p> <p>Bulgar with meatballs Veggies/Salad Juice Fruits</p>	<p>27 Cinnamon Roll / milk</p> <p>Chicken Soup Plov Veggies/Salad Juice Fruits</p>

Cereal with milk is available daily for breakfast as second choice.